

Instructions For Your At-Home COVID-19 Rapid Test

The Maryland Department of Health is offering free, rapid, at-home COVID-19 test kits. To report your results, here's what you need to do.

Carefully follow the instructions inside your at-home test package.

If you test **positive** using an at-home test, we encourage you to follow the step-by-step instructions on the Maryland COVID Positive At-Home Test Report Portal to report your result to MDH. You can access the portal at **covidlink.maryland.gov/selfreport**.

This allows the contact tracing process to begin, which includes providing you with:

- A MD COVID Alert verification code
- excuse and release letters for work and school
- additional guidance and resources

The portal only accepts recent positive at-home test results for Maryland residents.

Note: These tests are designed for personal use only. If you need a documented result for travel, employment, events or other purposes, you should **verify whether or not the at-home test will satisfy the testing requirement.**

**Scan here
to reach the
test report
portal:**



After The Test

If Your Test Is Positive

You are likely infectious even if you have no symptoms and feel good.

Seek follow-up care from your healthcare provider as soon as possible, as you may need additional testing and treatment. Ask your provider if you are eligible for COVID-19 treatments which may lessen symptom severity.

You should isolate at home and stay away from others for a minimum of 5 days.

You can report your positive test results through the Maryland COVID Positive At-Home Test Report Portal. Visit covidlink.maryland.gov/selfreport to access the portal, log in and submit a report. If you do not have login information, you may register to create an account.

If Your Test Is Negative

Follow the instructions on your test kit about when to take a second test to confirm your result; this is usually at least 36 hours after your first test.

A negative test result likely means you do not have COVID-19 if you took the test while you had symptoms and followed all instructions carefully.

However, it is possible for a test to give a negative result in some people who have COVID-19. This is called a false negative. You could also test negative if the specimen was collected too early in your infection. In this case, you could test positive later during your illness.