

WIC (Women, Infants, and Children)

WIC is a nutrition program for low-income women, infants, and children up to age 5 who have a nutritional need. This program provides healthy foods, nutrition education, breastfeeding support, and screenings and referrals to other programs.

Call **410-876-4898** for more information or to make an appointment.

E-SMART

E-SMART provides services and resources for children ages 0-8 with behavioral, developmental, and/or social/emotional issues. Services include:

- Referrals to community resources
- Service coordination
- Evaluation with a psychologist

Children who may be good candidates for E-SMART include those who:

- Were born substance-exposed
- Have experienced trauma
- Receive early intervention /special education services AND have behavioral concerns
- Have multiple childcare/school issues
- Are at risk for out of home placement due to the caregivers' behavioral health needs

Call 410-876-4449 or visit www.esmartcarroll.net for more information. Follow us on Facebook and Twitter @CarrollESMART.



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