

Services in Carroll County for Young Children: Where Should I Refer?

E-SMART	Birth-Kindergarten	Judy Center	Outpatient Mental Health Clinic (OMHC)
<p>Who: Children 0-8 who live in Carroll County.</p> <p>What: Mental Health Consultation, Psychological Testing, Family Navigation, Home Visiting (Parents as Teachers and Attachment and Biobehavioral Catchup)</p> <p>Why: Concerns about behavior (tantrums, defiance), social emotional development (making friends, expressing feelings, self regulation), trauma, attachment concerns</p> <p><i>*These children may also receive B-K or other services, but have additional unmet behavioral health needs.*</i></p> 	<p>Who: Children Birth-Kindergarten entry with suspected delays in speech, education, motor skills, or pre-academic concerns.</p> <p>What: Assessment, IFSP/IEP development (if 25% delay is present), individualized interventions targeted at addressing areas where delays are present</p> <p>Why: Delays in speech, gross motor, fine motor, educational (pre-academic), or social emotional development.</p> 	<p><u>Come Learn with Me</u> Who: Children 0-5 living in Cranberry Station, Robert Moton, Taneytown, or Elmer Wolfe districts OR who have an IEP/IFSP.</p> <p>What and Why: Increase parent support and knowledge of developmental milestones and early learning through playgroups, social connections, developmental screenings.</p> <p><u>Parents as Teachers</u> Who: Children 0-5 (and expectant parents) who live in Cranberry Station, Robert Moton, Taneytown, or Elmer Wolfe districts.</p> <p>What and Why: Increase parent knowledge of development and improve parent practices, provide early detection of developmental delays and health issues, prevent child abuse and neglect, increase children's school readiness and success.</p> 	<p>Who: Children 4 years and older*.</p> <p>What: Mental Health Counseling (individual and/or family work); Psychiatric Services (at some OMHCs)</p> <p>Why: Extensive mental health concerns outside of developmental age and stage (trauma, behavioral issues, anxiety).</p> <p><i>*Some OMHC's offer therapy for children under 4, such as Parent Child Interaction Therapy (PCIT).</i></p> <p>Note: Psychiatric Rehabilitation Program (PRP) Services are available at some OMHCs. This provides children 6 and older with a structured mentorship. Children work on goals that compliment their work in therapy with PRP staff in the community.</p>